



Great Hearts Texas

Minutes

School Health Advisory Council (SHAC) Meeting (8/26/26 @ 10am CT)

Date and Time

Wednesday August 26, 2026 at 10:00 AM

Notice and Agenda of the Great Hearts Texas School Health Advisory Council (SHAC) Meeting via Video Conference

Notice is hereby given to the general public and the members of the Great Hearts Texas School Health Advisory Council (SHAC) for a regularly scheduled meeting in open session, pursuant to Section 551.041 of the Texas Open Meetings Act. A quorum of the School Health Advisory Council (SHAC) is requested to participate virtually by live two-way video and audio feed in accordance with the Texas Open Meetings Act. Agenda items may be discussed or considered in any order deemed necessary by the Council.

Persons wishing to address the Council through public comment are invited to sign-up in advance on the Great Hearts Texas website, through the [Public Engagement Portal: https://forms.gle/fD3DwfCtagJTgrE6](https://forms.gle/fD3DwfCtagJTgrE6). Comments may be provided orally and in writing by submitting written comment for public record.

Public comment speaking order is on a first-come, first-served basis. Members of the public may have up to, but not exceeding, two (2) minutes to provide oral comment. The maximum time allotted for public comment will be 20 minutes. If you require accommodations or have questions about how to access the meeting, please contact the GHTX home office at 210-888-9475 or email GreatHeartsTexas@greatheartstxschools.org.

The deadline to register for public comment is 9:30 a.m. CST on August 26, 2026.

This notice was posted on the **21st day of August 2026 at 5:00 p.m.** at the Great Hearts Texas Home Office, 310 W Ashby Pl, San Antonio, TX 78212, and on the Great Hearts Texas website.

Committee Members Present

A. Waller (remote), B. Aniol (remote), E. Tilson (remote), K. VonBerg (remote), M. Sandoval (remote), P. Braeutigam (remote), W. Dyke (remote)

Committee Members Absent

A. Andrade, A. Blades

Guests Present

D'Ann Hart (remote), R. Travis (remote)

I. Opening Items

A. Record Attendance

B. Call the Meeting to Order

B. Aniol called a meeting of the School Health Advisory Council (SHAC) Committee of Great Hearts Texas to order on Wednesday Aug 26, 2026 at 10:08 AM.

II. Public Comment

A. Written Public Comment

No written comments submitted by members of the public

B. Oral Public Comment

No requests for oral comment submitted by members of the public

III. Approval of the Consent Agenda

A. Approval of SHAC Meeting Minutes from February 26, 2026

B. Aniol made a motion to approve the minutes from SHAC Committee Meeting (2/26/2026 @ 10:30am CT) on 02-26-26.

A. Waller seconded the motion.

Motion carried at 10:10 am

The committee **VOTED** to approve the motion.

IV. Report of School Health Advisory Council (SHAC)

A. Review and Discuss the Great Hearts Texas Wellness Plan for the 2025–2026 Academic Year and Consider Recommendations for the 2026–2027 Academic Year

D'Ann Hart led discussion on the 25-26 Wellness Plan. Several areas identified for recommendations towards the 26-27 updated plan. (10:12 am)

- regulating snacks and beverages not sponsored by the campus
- methods to involve parents in supporting the wellness plan goals and objectives
- providing guidance to local campus employees and teachers in implementing Smart Snack choices for classroom treats
- ideas to increase physical activity time outside of P.E. and recess

Brandon Aniol reviewed the Board approved Nutrition and Physical Activity policy that grants local authority to the Wellness Plan. (10:46 am)

V. Executive Session (Closed to the Public)

A. Confidential Student Matter

During the meeting, the Council convened in executive session to receive a confidential briefing concerning a recent student matter. The Council entered executive session at 10:52 am and reconvened in open session at 11:12 am. No action was taken during executive session.

VI. Closing Items

A. Discuss and Take Possible Action to Establish the Physical Activity and Fitness Planning Subcommittee and Appoint Subcommittee Members Pursuant to Texas Education Code §28.004

B. Aniol made a motion to Appoint members of the Physical Activity and Fitness Planning Subcommittee. Motion carried at 11:15 am.

K. VonBerg seconded the motion.

Parent Members

- Anna Waller
- Myriam Sandoval

District Staff

- Kristen VonBerg

The committee **VOTED** to approve the motion.

B. Adjourn Meeting

There being no further business to be transacted, and upon motion duly made, seconded and approved, the meeting was adjourned at 11:17 AM.

Respectfully Submitted,
B. Aniol